

University of Pretoria Yearbook 2021

Foundations of leisure and recreation 110 (YSL 110)

Qualification Undergraduate

Faculty [Faculty of Humanities](#)

Module credits 12.00

NQF Level 05

Contact time 3 lectures per week

Language of tuition Module is presented in English

Department Sport and Leisure Studies

Period of presentation Semester 1

Module content

This module provides a strong underpinning to the theoretical concepts of recreation and leisure in societies. Foundations of recreation and leisure, the multifaceted delivery systems and diverse service areas of recreation are identified, characterised and discussed in contemporary contexts. The power, promise, potential and possibilities of recreation and leisure in society are explained and illustrated practically. In this module students obtain an accredited community recreation leadership certificate to provide a foundation for subsequent community engagement and academic service learning components.

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